

**Vision Empower & XRCVC**  
Teacher Instruction KIT  
**Play and Enjoy**

Syllabus: Karnataka State Board

Subject: EVS

Grade: 2

Textbook Name: ENVIRONMENTAL STUDIES - Text cum Workbook (Revised) - Second Standard

Chapter Number & Name: 16. Play and enjoy

## **1. OVERVIEW**

### **1.1 OBJECTIVE AND PREREQUISITES**

#### **Objective**

- To list out the games that are played inside and outside the school.

#### **Prerequisite Concept:**

*EVS – Grade1 – Chapter 12 – Play the game*

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*Note: The fields marked with \* are mandatory*

## **2. LEARN**

### **2.1 KEY POINTS**

There are games which are played indoors. These are mostly board games that require 2-4 players. The outdoor games are the games which require a lot of movement and space to play the game. There are certain games which can be played both indoor and outdoor like swimming, badminton and skipping. Different sports require the use of different materials. Each equipment is designed to play the game efficiently. There are protective gears like pads and helmets that are used to avoid any injury during the game.

### **2.2 LEARN MORE**

Reference link for more game ideas: [click here](#)

## **3. ENGAGE**

### **3.1 INTEREST GENERATION ACTIVITIES**

### **INTRODUCTION TO THE TOPIC**

#### **Activity 1: Play with a ball \***

*Materials required:* A soft ball which makes sound or a sensory ball

*Prerequisites:* NA

*Activity flow:*

Help children to form a circle and sit on the floor.

Ask each one of them to name any one game which they like to play. Orient children about the right and left directions. While sitting down in a circle, when two children are facing each other, the left side of one child will be the right side of the other child sitting on the other side.

Pass around the ball for everyone to feel and understand the size and texture of the ball. Instruct them to be alert and roll the ball in different directions. They can call out “left” or “right” and roll the ball in that direction. Ask them to catch the ball, call out their name to announce who got the ball and roll the ball back towards the teacher.

## 3.2 CONCEPT GENERATION ACTIVITIES

### INDOOR AND OUTDOOR GAMES

#### **Activity 2: Indoor or outdoor games \***

*Materials Required:* NA

*Prerequisites:* NA

*Activity Flow:*

Ask children to name as many games they are aware of. Ask children to guess where these games are played. If a child is not aware of any sport or game, describe the game to them or ask other children who are familiar with the game to describe it. Tell that games that are played inside the house or school are called indoor games and games that are played outside the house or school are called outdoor games. In most cases, board games are indoor games and games which involve many players and a lot of movement like running and jumping are mostly played outside. There are some games which can be played both inside and outside. A few examples are given below.

Indoor games:

1. Chess
2. Carom
3. Snakes & ladders
4. Chowka Bhara or Ashta Chamma
5. Card based games
6. Aliguli mane or pallanguli or mancala
7. Games with stones or marbles or pebbles

Outdoor games:

8. Throwball
9. Lagori or seven stones
10. Cricket
11. Volleyball
12. Kabaddi

Both indoor and outdoor games:

13. Skipping
14. Hopscotch
15. Swimming

Explain that some games need specific arrangements, like in football, two goal posts are required on two opposite sides of a big field. Have a discussion about how many players are

required to play different games. Inform that a game in which there are more than two players is called a group game. Encourage them to give a few examples of group games.

### **Activity 3: Play indoor games \***

*Materials Required:* Materials for the following games

1. Pebble game – 3 - 4 varieties of small objects like seeds – chickpeas, kidney beans, ground nuts, tamarind seeds or similar items
2. Mancala – a rectangular board with 2 rows and 7 columns, total of 14 cups, seeds, shells, small stones
3. Card-based game – braille playing cards (if available)

*Prerequisites:* NA

*Reference link for mancala - [click here](#)*

*Reference link for pebble games - [click here](#)*

*Activity Flow:*

- Pebble game – Sorting

The objective of this game is to sort the objects. This game can be played with more than two players. Each child will get different types of small items (5 of each variety) on a tray and bowls to sort the given items. In a given time, those who sort the maximum number of items are the winners or the one who could sort all the items first is the winner of the game.

- Mancala (Ali Guli Mane)

Ali Guli Mane is played on a board with 14 large play space, 7 in front of each player. It requires 70 beads. 5 Beads are placed onto each space.

Players decide who begins the game by rolling a die.

How to play

1. In turns, a player picks up all the beads from any of the spaces on their side of the board and redistributes them 1 bead per space in either a clockwise or counter-clockwise direction, including onto spaces on their opponent's side of the board.
2. Captures happen when the play space next to the last bead redistributed is empty. The player captures all the beads in the space after the empty space, and all the beads in the space opposite the space beads were captured from.
3. If a capture cannot be made the same player starts redistributing beads from the next play space and continues in the same direction.
4. If upon completing the next play space is empty, the player can capture all the beads in the space after the empty space, and all the beads in the space opposite the space beads were captured from.
5. After the second redistribution, the turn is over regardless of whether a player has made a capture or not.
6. Play continues until all the beads have been captured.
7. To win the game, a player must have captured the most beads.

- Card-based game

If braille cards are available, the teacher can introduce the cards to children and ask them to identify the numbers and the signs on the card. Once they are familiar with the cards, the teacher can play the Card Game 0.

The objective of the game is to make players familiar with the cards by identifying the card number (counting the dots) and their suit (tactile shapes). The game starts with the players all being dealt 1 or 2 cards each. Players then identify their card number, card suit and then whoever has the highest number card/lowest number card wins the game.

## **MATERIALS USED IN GAMES**

### **Activity 4: Games equipment or materials \***

*Materials Required:* Materials like football, cricket bat, hockey bat, badminton racket, table tennis bat, skipping rope and different kinds of ball (any other equipment that are available)

Bring the adapted sports equipment for people with visual impairment if available.

*Prerequisites:* NA

#### *Activity Flow:*

Pass around each item one at a time. Explain how it is used for playing which game. Give some time for children to explore and understand the use of each of the playing equipment. Ask them which games do not require any materials to play. Examples would be, word games, hide and seek,

Talk about a few famous sports personalities and discuss what kind of sports or games they are involved with and why they are famous.

- Vishwanathan Anand – Chess
- Virat Kohli – Cricket
- Lionel Messi – Football
- P.V. Sindhu – Badminton
- Mary Kom - Boxing

## **3.3 LET'S DISCUSS: RELATE TO DAILY LIFE**

Discuss the games that can be played alone. Ask children if they ever play some games alone. Encourage them to share the details about the game. Ask children how they prefer playing different games. Individually or with a group. Ask them to explain the reason for their preference.

## 4. EXERCISES & REINFORCEMENT

### 4.1 REINFORCEMENT

#### **Activity 5: Group activity – discussion**

*Materials Required:* NA

*Prerequisites:* NA

*Activity Flow:*

Distribute children into 4-5 groups. Assign a name of a game to each group. Ask each group to discuss the following among themselves and share with class once the discussion time is over.

1. Name of the game
2. Is it indoor or outdoor?
3. Is it a group game or pair game?
4. What kind of materials are used for this game?

Read the poem one line at a time and ask children to repeat the lines.

A hundred types of games and play  
Indoor and outdoor verity of games

Lagori and cricket are outdoor games,  
Which need a playground to be played.

Carroms and chess are indoor games  
And Snake and ladder too for sure.

For cricket and football rush to the grounds;  
And for games of squares sit on the floor.

Colorful marbles and spinning tops  
Round and round goes big small balls.

I will play with friends together  
Enjoying and loving every minute.

#### **Teaching Tips**

If there are any additional teaching tips then utilize this section to mention them.

## References

- [1] Game ideas: <http://visionempowertrust.in/computational-thinking-games/>
- (2) Mancala game: <https://en.wikipedia.org/wiki/Pallanguzhi>
- (3) Pebble game: <http://visionempowertrust.in/computational-thinking-games/#>

## 4.2 IMPORTANT GUIDELINES

### Exercise Reading

It is very important that the children practice their learnings as well as their reading. Hence have the children read out the newly learned concepts from their textbooks or other available resources.

### Perform Textbook Activity

It is good practice to have the children perform the textbook activities. Your textbook activities might not be accessible hence go through this resource to learn how to make textbook content accessible.

### Provide Homework

To evaluate their understanding and to help the student revise and implement the new learnt concept ensure to provide them with homework. Students should perform one or two of the questions mentioned above or from the textbook exercises with the teacher in class and the remaining may be given for homework. Also, ensure that the student knows their special skills linked to independently using their accessible books as it will be critical to doing homework independently.

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